Sleep/Rest Monitor Chart. _____ Kindergarten

Supervising Teacher to record 5 minute checks by putting their initials, and indicating whether child is resting (R) or sleeping (S).

Date	Child's Name	Time started R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	5 min R/S	Time ended R/S	Comments Eg: caregiver contacted, child collected	Teacher Name